BLS Adult CPR and AED Skills Testing Checklist

Student Name_________________________ Date of Test_____________________________

Hospital Scenario: "You are working in a hospital or clinic, and you see a person who has suddenly collapsed in the hallway. You check that the scene is safe and then approach the patient. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on scene for a suspected cardiac arrest. No bystander CPR has been provided. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

ASSESSMENT and ACTIVATION
- Checks responsiveness
- Shouts for help/Activates Emergency Response/Sends for AED
- Check Breathing
- Check Pulse

CYCLE 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

ADULT COMPRESSIONS:
- High quality compressions
  * Hand placement on lower half of sternum
  * 30 compressions in 15 to 18 seconds
  * Compresses at least 2 inches
  * Complete recoil after each compression

ADULT BREATHS:
- Gives 2 breaths with a barrier device
  * Each breath over 1 second
  * Visible chest rise with each breath
  * Resumes compressions in under 10 seconds

CYCLE 2 of CPR (repeats steps in Cycle 1) □ Compressions □ Breaths □ Resumes compressions in < 10 seconds

Rescuer 2 says, "Here is the AED. I'll take over compressions, you use the AED"

AED (follows prompts of AED)
- Powers on AED
- Correctly attaches pads
- Clears for analysis
- Clears to safely deliver shock
- Safely delivers shock

RESUMES COMPRESSIONS
- Ensures compressions are resumed immediately after shock delivered.
  (Student may resume compressions themselves, or direct instructor/partner to resume compressions)

STOP TEST

Instructor Notes: Check box as student completes each step successfully. If student does not complete all steps successfully (any boxes unchecked), the student must receive remediation. Note here which skills require remediation (see instructor manual)

TEST RESULTS: Circle PASS or NR to indicate pass or needs remediation: _________________________ PASS NR

Instructor Initials ____________ Instructor Number ___________________________ Date ___________

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BLS Infant CPR Skills Testing Checklist

Student Name ___________________________ Date of Test _______________________

Hospital Scenario: "You are working in a hospital/clinic when a woman runs through the door carrying an infant. She shouts, "Help! My baby's not breathing". You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment. Demonstrate what you would do next."

Prehospital Scenario: "You arrive on scene for an infant who is not breathing. No bystander CPR has been provided. You approach the scene and ensure it is safe. Demonstrate what you would do next."

ASSESSMENT and ACTIVATION
- Checks responsiveness
- Shouts for help/Activates Emergency Response
- Check Breathing
- Check Pulse

Once student shouts for help, instructor says, "Here's the barrier device."

CYCLE 1 of CPR (30:2) *CPR feedback devices preferred for accuracy

INFANT COMPRESSIONS:
- High quality compressions
  - Placement of 2 fingers in the center of the chest, just below the nipple line
  - 30 compressions in 15 to 18 seconds
  - Compresses at least 1/3 of the chest depth, or about 1.5 inches
  - Complete recoil after each compression

INFANT BREATHS:
- Gives 2 breaths with a barrier device
  - Each breath over 1 second
  - Visible chest rise with each breath
  - Resumes compressions in under 10 seconds

Rescuer 2 arrives with bag valve mask, and begins ventilation while rescuer 1 continues compressions with 2 thumb-encircling hands technique

(After Cycle 3, Rescuers switch roles for Cycle 4)

CYCLE 2 of CPR (repeats steps in Cycle 1)
- Compressions
- Breaths
- Resumes compressions in < 10 seconds

STOP TEST

Instructor Notes: Check box as student completes each step successfully. If student does not complete all steps successfully (any boxes unchecked), the student must receive remediation. Note here which skills require remediation (see instructor manual)

TEST RESULTS: Circle PASS or NR to indicate pass or needs remediation: ________________________ PASS NR

Instructor Initials ____________ Instructor Number _______________________________ Date ____________

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